

Apple Monster Mouths

SERVES: 6-8 | PREP TIME: 15 minutes | COOK TIME: No cook recipe | TOTAL TIME: 15 minutes

INGREDIENTS

- 3-4 apples (red, green, or a mix)
- 1/2 cup peanut butter (or other nut/seed butter)
- Mini marshmallows (for teeth)
- Strawberries (for tongues)
- Candy eyes

DIRECTIONS

Step 1: Wash and slice apples into wedges. Cut each wedge in half horizontally to create a "mouth."

Step 2: Spread a layer of peanut butter on the cut side of one wedge.

Step 3: Place mini marshmallows along the edge to make teeth.

Step 4: Cut strawberries into thin slices and insert one slice for a tongue.

Step 5: Add candy eyes on top of the apple wedge using a small dab of peanut butter.

Step 6: Repeat with remaining apple slices and enjoy your monster mouths!

MABEL'S NOTES

Let the kids get creative with their monsters! Use different apple colors, try sunflower seed butter for a nut-free option, or experiment with different fruits for tongues. These are a healthy treat that always gets big smiles!

Serving Suggestions:

Perfect for Halloween parties, school snacks, or movie night., Pair with caramel apple nachos or pumpkin spice muddy buddies., Use different fruits for variety (apple, pear, or even celery)., Arrange on a platter for a fun, spooky display., Great for lunchboxes - pack components separately to keep fresh., Store in the refrigerator for up to 2 days.

Contains: peanuts, tree nuts