

Apple Pupcakes

SERVES: 12 pupcakes (depends on size) | PREP TIME: 15 minutes | COOK TIME: 18-22 minutes

These Apple Pupcakes are a healthy, homemade treat made with simple, wholesome ingredients. They're soft, delicious, and filled with natural goodness - perfect for celebrating your furry friend!

INGREDIENTS

- For the Pupcakes:
 - 1 cup whole wheat flour (or oat flour)
 - 1/2 cup rolled oats
 - 1/2 cup unsweetened applesauce
 - 1/2 cup natural peanut butter (unsalted, xylitol-free)
 - 1 large egg
 - 1/2 teaspoon ground cinnamon (optional)
 - 1/4 cup finely diced apple (peel on or off, your choice)
- For the Topping (optional):
 - 1/4 cup plain Greek yogurt (or unsweetened yogurt)
 - 1 tablespoon natural peanut butter
 - 1/4 cup finely diced apple
 - Cinnamon for sprinkling
 - Dog biscuits for garnish

DIRECTIONS

- Step 1:** Preheat the Oven: Preheat to 350deg F (175deg C) and line a muffin tin with paper liners or lightly grease with cooking spray.
- Step 2:** Mix the Ingredients: In a large bowl, combine flour, oats, applesauce, peanut butter, egg, and cinnamon (if using). Stir until well combined. Gently fold in the diced apples.
- Step 3:** Fill and Bake: Spoon the mixture into the prepared muffin tin, filling each cup about 3/4 full. Bake for 18-22 minutes, or until a toothpick inserted in the center comes out clean.
- Step 4:** Cool Completely: Allow the pupcakes to cool completely before adding the topping.
- Step 5:** Make the Topping (Optional): In a small bowl, mix the Greek yogurt and peanut butter until smooth. Spread or pipe onto cooled pupcakes. Top with diced apple, a sprinkle of cinnamon, and a dog biscuit.
- Step 6:** Serve and Enjoy!: Give to your furry friend and watch the tail wags begin!

Mabel's Notes: Always use natural peanut butter that is xylitol-free (xylitol is toxic to dogs). Adjust the size for your dog - make mini pupcakes for small breeds. Store in an airtight container in the refrigerator for up to 5 days or freeze for up to 2 months. A little love in every bite makes for a happier, healthier pup!

Contains: wheat, egg, peanut, milk